

Finnish Fortune-Telling Candles

Materials:

Soy wax
Wax pouring pitcher
Saucepan
Horseshoe chocolate candy mold
Baking sheet/tray

Directions:

1. To create the miniature wax horseshoes for the fortune telling activity – wash, dry and set your horseshoe chocolate candy mold on a baking sheet or tray for stability.
2. Prepare a makeshift double boiler to melt the wax. Begin by filling a saucepan with about an inch of water and place on the stove over a medium-low flame. Measure out enough wax to fill your mold, place into the pouring pitcher and then set the pouring pitcher in the saucepan. Keep a constant eye on the wax until it is completely melted. Note that you can substitute a clean tin can for a wax pouring pitcher, just be certain to use a potholder when removing it from the heat. Allow the melted wax to cool slightly.
3. Carefully pour the melted wax into the mold, filling each compartment all the way to the top. Let the wax horseshoes sit undisturbed until they have completely cooled and solidified. Then invert the mold and gently press on the back to release them.
4. Now to try your hand at fortune telling, gather together a container of very cold water, a lit candle and a deep metal spoon. Place one of the wax horseshoes into the spoon and hold it over the

candle's flame until it melts completely. Stir the water and then quickly pour in the melted wax – this will cause the wax to instantly solidify. Remove the large pieces of solid wax and set aside for examination. The resulting shapes can either be directly interpreted or they can be rotated in candlelight to create shadows, whose shapes are then interpreted.

Helpful Tip:

Tip! Depending on how much the wax separates, you may need to change the water before pouring in another melted horseshoe.

Custom Melt & Pour Candle

Materials:

Soy wax
Wax pouring pitcher
Saucepan
Container for candle
Candle wick
Bamboo skewer
Clothespin
Scissors

Directions:

1. Prepare your candle container by adhering the wick to the center bottom of the container using hot glue or a glue dot. Wrap the end of the wick around a bamboo skewer set across the opening of the container and secure it with a clothespin. This will keep the wick stationary and prevent it from shifting when you pour in the melted wax.

2. Prepare a makeshift double boiler to melt the wax. Begin by filling a saucepan with about an inch of

water and place on the stove over a medium-low flame. Measure out enough wax to fill your candle container, place into the pouring pitcher and then set the pouring pitcher in the saucepan. Keep a constant eye on the wax until it is completely melted. Note that you can substitute a clean tin can for a wax pouring pitcher, just be certain to use a potholder when removing it from the heat. Allow the melted wax to cool slightly.

3. Allow the wax to cool slightly and then add your choice of fragrance oil. Stir thoroughly to incorporate and then slowly pour into your prepared candle container. Let the candle cool overnight and then trim the wick down to about a quarter of an inch before lighting.